#### Independence in PPO Plus 1B - OOPM 2015

#### Summary of Benefits and Coverage: What this Plan Covers & What it Costs

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.ibx.com or by calling 1-800-ASK-BLUE. **Important Questions** Answers Why this Matters: You must pay all the costs up to the deductible amount before this plan begins For participating providers \$0 person / \$0 family. For non-participating providers \$1,500 to pay for covered services you use. Check your policy or plan document to see What is the overall person / \$4,500 family. Deductible may not when the deductible starts over (usually, but not always, January 1st). See the deductible? apply to all services. See your cost information chart starting on page 2 for how much you pay for covered services after you starting on page 2 for specific details. meet the deductible. You don't have to meet deductibles for specific services, but see the chart Are there other deductibles No. starting on page 2 for other costs for services this plan covers. for specific services? The out-of-pocket limit is the most you could pay during a policy period for Yes. For participating providers \$6,600 person / Is there an out-of-pocket your share of the cost of covered services. This limit helps you plan for health \$13,200 family. For non-participating providers limit on my expenses? \$10,000 person / \$30,000 family care expenses. Premiums, out-of-network deductibles, out-of-Even though you pay these expenses, they don't count toward the out-of-pocket What is not included in the network balance-billed charges, health care this plan doesn't cover, and penalties for failure to out-of-pocket limit? limit. obtain precertification for services. The chart starting on page 2 describes any limits on what the plan will pay for Is there an overall annual No. specific covered services, such as office visits. limit on what the plan pays? If you use an in-network doctor or other health care provider, this plan will pay Yes. See www.ibx.com/find a provider or some or all of the costs of covered services. Be aware, your in-network doctor or Does this plan use a network call 1-800-ASK-BLUE for a list of participating hospital may use an out-of-network provider for some services. Plans use the of providers? term in-network, preferred, or participating for providers in their network. See providers. the chart starting on page 2 for how this plan pays different kinds of providers. Do I need a referral to see a No. You don't need a referral to see a specialist. You can see the specialist you choose without permission from this plan. specialist? Some of the services this plan doesn't cover are listed in the Excluded Services & Are there services this plan Yes. Other Covered Services section. See your policy or plan document for additional doesn't cover? information about excluded services.

Questions: Call 1-800-ASK-BLUE or visit us at www.ibx.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.ibx.com or call 1-800-ASK-BLUE to request a copy.

74874 **1 of 7** 



- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating providers by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical	Services You May Need	Your Cost If You Use		
Event		an In-Network Provider	an Out-Of Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$10 copayment	30%, after deductible	none
If you visit a health	Specialist visit	\$20 copayment	30%, after deductible	none
care <u>provider's</u> office or clinic	Other practitioner office visit	\$20 copayment	30%, after deductible	Spinal manipulations limited to 20 visits per benefit period combined in and out-of-network.
	Preventive care / screening / immunization	No Charge	30%, no deductible	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	\$20 copayment(X- Ray)/ No Charge(Blood Work)	30%, after deductible	none
, 	Imaging (CT/PET scans, MRIs)	\$40 copayment	30%, after deductible	Precertification required. Imaging Copayment (copay) not applicable if performed in ER or office setting.
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>http://www.ibx.com/p</u> <u>reapproval</u>	Generic drugs	\$10 Copayment, Retail/Mail Order, 1-30 days supply; \$20 Copayment 31-90 days supply, Mail Order	70%	Prior authorization required on some drugs; age, gender and quantity limits for some drugs; days supply limits on retail & mail order.
	Preferred brand drugs	\$20 Copayment, Retail/Mail Order, 1-30 days supply; \$40 Copayment, 31-90 days supply, Mail Order	70%	Prior authorization required on some drugs; age, gender and quantity limits for some drugs; days supply limits on retail & mail order.
	Non-preferred brand drugs	\$35 Copayment, Retail/Mail Order, 1-30 days supply; \$70 Copayment, 31-90 days supply, Mail Order	70%	Prior authorization required on some drugs; age, gender and quantity limits for some drugs; days supply limits on retail & mail order.

Common Medical		Your Cost If You Use			
Event	Services You May Need	an In-Network Provider	an Out-Of Network Provider	Limitations & Exceptions	
	Specialty drugs	\$50 copayment	30%, after deductible	Prior-authorization required. A complete list of drugs requiring prior-authorization is available at www.ibx.com/preapproval	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	30%, after deductible	Some outpatient surgeries require precertification. A complete list of surgeries requiring precertification is available at www.ibx.com/preapproval	
surgery	y		30%, after deductible	Some outpatient surgeries require precertification. A complete list of surgeries requiring precertification is available at www.ibx.com/preapproval	
	Emergency room services	\$125 copayment	\$125 copayment no deductible	Your costs for Emergency Room services are not waived if you are admitted to the hospital.	
If you need immediate medical	Emergency medical transportation	No Charge	No Charge no deductible	none	
attention	Urgent care	\$87 copayment	30%, after deductible	Your costs for urgent care are based on care received at a designated urgent care center or facility, not your physician's office. Costs may vary depending on where you receive care.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$50 copayment per day; maximum of 3 copayments per admission	30%, after deductible	Precertification required.	
	Physician/surgeon fee	No Charge	30%, after deductible	Precertification required.	
	Mental/Behavioral health outpatient services	\$20 copayment	30%, after deductible	none	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health inpatient services	\$50 copayment per day; maximum of 3 copayments per admission	30%, after deductible	Precertification required.	
	Substance abuse disorder outpatient services	\$20 copayment	30%, after deductible	Precertification required.	
	Substance abuse disorder inpatient services	\$50 copayment per day; maximum of 3 copayments per admission	30%, after deductible	Precertification required.	
If you are pregnant	Prenatal and postnatal care	\$10 copayment	30%, after deductible	Your cost is for first OB visit only.	

Common Medical	Services You May Need	Your Cost If You Use		
Event		an In-Network Provider	an Out-Of Network Provider	Limitations & Exceptions
	Delivery and all inpatient services	\$50 copayment per day; maximum of 3 copayments per admission	30%, after deductible	Pre-notification requested
	Home health care	No Charge	30%, after deductible	none
If you need help recovering or have other special health needs	Rehabilitation services	\$20 copayment	30%, after deductible	Speech Therapy: 20 visits per benefit period; Physical/Occupational Therapies: 30 visits combined per benefit period. All visit limits combined in- and out-of- network.
	Habilitation services	\$20 copayment	30%, after deductible	Speech Therapy: 20 visits per benefit period; Physical/Occupational Therapies: 30 visits combined per benefit period. All visit limits combined in- and out-of- network.
	Skilled nursing care	\$25 copayment per day; maximum of 3 copayments per admission	30%, after deductible	120 day limit per benefit period combined in and out-of- network. Precertification required
	Durable medical equipment	50%	50%, after deductible	Precertification required for purchases (including repairs and replacements) over \$500 and all rentals
	Hospice service	No Charge	30%, after deductible	none
	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
defination eye cure	Dental check-up	Not Covered	Not Covered	none
<b>Excluded Service</b>	es & Other Covered Se	rvices:		
Services Your Plan	Does NOT Cover (This isn't	a complete list. Check yo	ur policy or plan docume	ent for other excluded services.)
Acupuncture		<ul> <li>Cosmetic surgery</li> </ul>		Dental care (Adult)
Hearing aids		<ul> <li>Infertility treatment (See Benefit Booklet/Member handbook for limitations)</li> </ul>		Long-term care
Routine eye care (Adult)		<ul> <li>Routine foot care</li> </ul>		Weight loss programs
Other Covered Serv	vices (This isn't a complete list.	Check your policy or pla	n document for other co	vered services and your costs for these services.)
Bariatric surgery		Chiropractic care		<ul> <li>Non-emergency care when traveling outside the U.S. (For details, see <u>www.ibx.com</u>)</li> </ul>
Private-duty nursin	Private-duty nursing			

74874

4 of 7

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a <u>premium</u>, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-888-671-5276. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Your Grievance and Appeals Rights:

Your health plan is subject to Employee Retirement Income Security Act (ERISA) requirements. If you are dissatisfied with a denial of coverage for claims under your plan, you may contact IBC at 1-800-ASK-BLUE. You may also contact the U.S. Dept. of Labor Employee Benefits Security Administration at 1-866-444-3272. As an alternative, the Pennsylvania Department of Insurance can also provide assistance. Please contact them at 1-877-881-6388.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". This plan or policy <u>does provide</u> minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.----------

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- Amount owed to providers: \$7,540
- **Plan Pays** \$7,270
- Patient Pays \$270

#### Sample Care Costs:

Campio Caro Coolo.	
Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient Pays	
Deductibles	\$0
Copays	\$120
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$270

#### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400
Plan Pays \$4,280
Patient Pays \$1,120

#### Sample Care Costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient Pays

Deductibles	\$0
Copays	\$1,040
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$1,120

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

X No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

X No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

 Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples.
 When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u> and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts(HRAs) that help you pay out-ofpocket expenses.

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